



Rapid Procedure

Example Dosing and COWS Schedule on Washout Day

	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300	0000	0100	0200	0300	0400	0500	
<b>VITALS</b>				X				X				X				X									
<b>COWS</b>				X																					
<b>MEDICATIONS</b>																									
clonidine 0.2 mg q4h for opioid withdrawal (hold for sBP<90 or HR<50) MDD=1.2 mg				0.2 mg				0.2 mg				0.2 mg				0.2 mg									
clonazepam 1 mg q8h for anxiety/restlessness (hold for sedation) MDD=4 mg				1 mg						1 mg											X				
prochlorperazine 10 mg q24h for nausea/vomiting				10 mg																			X		
PRN prochlorperazine 10 mg q8h for nausea/vomiting																									
PRN aluminum hydroxide/magnesium hydroxide (Maalox) 30 ml q4h for dyspepsia																									
PRN loperamide 4 mg for diarrhea																									
PRN ibuprofen 600 mg q8h for muscle aches				600 mg								600 mg													
nicotine patch 21 mg qd				21 mg																					
PRN nicotine gum 2 mg q1h for nicotine replacement therapy								2 mg		2 mg		2 mg	2 mg	2 mg											
trazodone 100 mg qhs for insomnia																									
PRN zolpidem 10 mg qhs for insomnia																									

COWS=Clinical Opiate Withdrawal Scale; MDD=Maximum Daily Dose

X=Vitals or COWS completed.

X=Dose not given (i.e. clonazepam dose not given due to sedation, or clonidine dose not given due to sBP < 90 mm Hg or HR < 60 bpm).