



Rapid Procedure

Example Dosing and COWS Schedule for XR-NTX Administration Day

	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300	0000	0100	0200	0300	0400	0500	
<b>VITALS</b>				X				X				X				X									
<b>COWS</b>					X				X																
<b>MEDICATIONS</b>																									
PO NTX dose <sup>1</sup>					3 mg																				
XR-NTX dose <sup>2</sup>									380 mg IM																
clonidine 0.2 mg q4h for opioid withdrawal (hold for sBP<90 or HR<50) MDD=1.2 mg				0.2 mg				0.2 mg				0.2 mg				0.2 mg					X				
clonazepam 1 mg q6h for anxiety/restlessness (hold for sedation) MDD=4 mg				1 mg						1 mg						1 mg							X		
prochlorperazine 10 mg q24h for nausea/vomiting				10 mg																					
PRN prochlorperazine 10 mg q8h for nausea/vomiting																									
PRN aluminum hydroxide/magnesium hydroxide (Maalox) 30 ml q4h for dyspepsia																									
PRN loperamide 4 mg for diarrhea																									
PRN ibuprofen 600 mg q8h for muscle aches				600 mg								600 mg													
nicotine patch 21 mg qd				21 mg																					
PRN nicotine gum 2 mg q1h for nicotine replacement therapy								2 mg		2 mg		2 mg	2 mg	2 mg											
trazodone 100 mg qhs for insomnia																100 mg									
PRN zolpidem 10 mg qhs for insomnia																									

COWS=Clinical Opiate Withdrawal Scale; NTX=naltrexone; XR-NTX=extended-release injectable naltrexone; MDD=Maximum Daily Dose

X=Vitals or COWS completed.

X=Dose not given (i.e. clonazepam dose not given due to sedation, or clonidine dose not given due to sBP < 90 mm Hg or HR < 60 bpm)

<sup>1</sup> Administer PO NTX dose if COWS ≤ 5 after administration of adjunctive medications. COWS assessment should be 1 hour after patient receives adjunctive medications.

<sup>2</sup> Administer XR-NTX 380mg IM if COWS score did not increase 3+ compared to previous COWS assessment.

See XR-NTX Administration Flow Chart for reference.